

Griffin MS

Strength and Conditioning (C)



# Griffin 7th Grade Strength & Conditioning Camp

Camp includes 2 hours a week of Sports Specific skills for Football, Volleyball and Basketball.

**Camp Start Date:** June 8, 2026

**Start Time:** 8:00:00 AM

**Camp End Date:** July 23, 2026

**End Time:** 9:30:00 AM

**Date Details:** No Camp on Fridays. No Camp June 25th-July 5th

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**Venue Name:** Cobb MS Gym- Main

**Venue Address:** 9400 Teel Parkway, Frisco, TX 75034

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**Camp Cost:** \$312.00

**Questions:** Chris Beran [beranch@friscoisd.org](mailto:beranch@friscoisd.org) (469) 633 - 4940

**Special Notes:**

Camp scholarships are available to those that qualify through May 29, 2026.

**Medical Info:**

In consideration of acceptance of this registration, I waive all claims against the Frisco Independent School district, affiliates, employees, trustees, and agents, individually and in their capacity as such for injury or illness which may directly result from participation in this event. My claims remain waived even though liability may arise out of negligence or carelessness of persons or entities mentioned above. This registration cannot be processed unless the above agreement is accepted by a legal parent or guardian and I agree to abide by all Frisco I.S.D. Board policies and procedures. Frisco I.S.D. Board policies and procedures may be found on the FISD Board of Trustees website at the following address:

[www.friscoisd.org/inside/board/index.htm](http://www.friscoisd.org/inside/board/index.htm)