

Independence HS

Strength and Conditioning (C)

IHS Strength & Conditioning Camp 9th-12th - Boys and Girls

Grades 9th-12th - Boys and Girls

Camp Start Date: June 1, 2026

Start Time: 9:00:00 AM

Camp End Date: July 23, 2026

End Time: 11:00:00 AM

Venue Name: Independence HS Football Field

Venue Address: 10555 Independence Pkwy., Frisco, TX 75035

Camp Cost: \$273.00

Questions: Coach Jennings jenningsjo@friscoisd.org

Special Notes:

Camp Dates - Camp will be on Monday, Wednesday and Thursday morning for 7 weeks. June-1,3,4,8,10,11,15,17,18,22,24,25 July-6,8,9,13,15,16,20,22,23

Medical Info:

In consideration of acceptance of this registration, I waive all claims against the Frisco Independent School district, affiliates, employees, trustees, and agents, individually and in their capacity as such for injury or illness which may directly result from participation in this event. My claims remain waived even though liability may arise out of negligence or carelessness of persons or entities mentioned above. This registration cannot be processed unless the above agreement is accepted by a legal parent or guardian and I agree to abide by all Frisco I.S.D. Board policies and procedures. Frisco I.S.D. Board policies and procedures may be found on the FISD Board of Trustees website at the following address:

www.friscoisd.org/inside/board/index.htm