

Independence HS

Strength and Conditioning (C)

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# IHS Strength and Conditioning Camp 7th-8th - Boys and Girls

Grades 7th-8th - Boys and Girls

**Camp Start Date:** June 1, 2026

**Start Time:** 7:00:00 AM

**Camp End Date:** July 23, 2026

**End Time:** 9:00:00 AM

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**Venue Name:** Independence HS Football Field

**Venue Address:** 10555 Independence Pkwy., Frisco, TX 75035

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**Camp Cost:** \$273.00

**Questions:** [jenningsjo@friscoisd.org](mailto:jenningsjo@friscoisd.org)

**Special Notes:**

Camp Dates - The camp will run for 7 weeks in summer - Monday, Wed, and Thursday. June-1,3,4,8,10,11,15,17,18,22,24,25 July-6,8,9,13,15,16,20,22,23

**Medical Info:**

In consideration of acceptance of this registration, I waive all claims against the Frisco Independent School district, affiliates, employees, trustees, and agents, individually and in their capacity as such for injury or illness which may directly result from participation in this event. My claims remain waived even though liability may arise out of negligence or carelessness of persons or entities mentioned above. This registration cannot be processed unless the above agreement is accepted by a legal parent or guardian and I agree to abide by all Frisco I.S.D. Board policies and procedures. Frisco I.S.D. Board policies and procedures may be found on the FISD Board of Trustees website at the following address:

[www.friscoisd.org/inside/board/index.htm](http://www.friscoisd.org/inside/board/index.htm)