

Independence HS

Track & Field (C)

IHS Track Camp

Grades K-9

Camp Start Date: June 22, 2026

Start Time: 10:00:00 AM

Camp End Date: June 25, 2026

End Time: 12:00:00 PM

Venue Name: Independence Football HS Field

Venue Address: 10555 Independence Pkwy, Frisco, TX 75035

Camp Cost: \$112.00

Questions: Coach Steimer steimerj@friscoisd.org

Special Notes:

Independence Cross Country & Track Summer Camp Open to Athletes Entering Kindergarten-9th Grade
This summer, give your athlete the opportunity to step into one of the most powerful and rewarding sports in the world: track and field & cross country. Our camp is more than just running. It's an incredible opportunity for young athletes to explore every event the sport has to offer, including sprints, distance, relays, hurdles, jumps, throws, and more. Whether your child is brand new to athletics or already competing at a high level, this camp is designed to spark curiosity, build confidence, and develop skills that translate directly to success in ALL sports! Track & field/Cross Country builds: -Speed -Endurance -Coordination -Strength -Discipline -Competitive toughness These are the foundations that elevate football players, basketball players, soccer players, volleyball players, and every other multi-sport athlete! Campers will train under a top-tier coaching staff committed to developing the whole athlete, and alongside elite high school athletes who model leadership, work ethic, and competitive excellence. Our environment is positive, high-energy, and growth-focused. This is an opportunity to: -Discover new events -Develop athletic confidence -Build lasting friendships -Fall in love with a sport that can shape their future Whether your athlete dreams of breaking records or simply wants to get better and have fun, this is the place to start. Come explore. Come compete. Come grow.

Medical Info:

In consideration of acceptance of this registration, I waive all claims against the Frisco Independent School district, affiliates, employees, trustees, and agents, individually and in their capacity as such for injury or illness which may directly result from participation in this event. My claims remain waived even though liability may arise out of negligence or carelessness of persons or entities mentioned above. This registration cannot be processed unless the above agreement is accepted by a legal parent or guardian and I agree to abide by all Frisco I.S.D. Board policies and procedures. Frisco I.S.D. Board policies and procedures may be found on the FISD Board of Trustees website at the following address:

www.friscoisd.org/inside/board/index.htm