

Centennial HS

Strength and Conditioning (F)



## Titan S&C Session 3 (ALL MS & HS Girl Athletes)

This camp is for 2026-2027 female athletes 7th - 12th grade. Need a minimum of 50 athletes for the session to make!

**Camp Start Date:** June 8, 2026

**Start Time:** 9:00:00 AM

**Camp End Date:** July 30, 2026

**End Time:** 10:30:00 AM

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**Venue Name:** Centennial HS Football Field

**Venue Address:** 6901 Coit Rd, Frisco, TX 75035

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**Camp Cost:** \$312.00

**Questions:** Adam Linwood [linwood@friscoisd.org](mailto:linwood@friscoisd.org) (469) 633 - 5662

**Special Notes:**

Dress in light colors to help with the heat. Bring at least a 16oz water bottle. Camp runs June 8 - 25th M through Th and July 13 -30 M through Th.

**Medical Info:**

In consideration of acceptance of this registration, I waive all claims against the Frisco Independent School district, affiliates, employees, trustees, and agents, individually and in their capacity as such for injury or illness which may directly result from participation in this event. My claims remain waived even though liability may arise out of negligence or carelessness of persons or entities mentioned above. This registration cannot be processed unless the above agreement is accepted by a legal parent or guardian and I agree to abide by all Frisco I.S.D. Board policies and procedures. Frisco I.S.D. Board policies and procedures may be found on the FISD Board of Trustees website at the following address:

[www.friscoisd.org/inside/board/index.htm](http://www.friscoisd.org/inside/board/index.htm)