

Reedy HS

Strength and Conditioning (M)



Reedy S&C 9th grade Boys Football (all other sports except basketball)

This camp is designed to improve strength, conditioning and overall athleticism for all sports. Camp is Monday - Thursday each week, Blackout days week of June 30-July 3 and all Fridays there will be no Camp.

Camp Start Date: June 2, 2025

Start Time: 9:00:00 AM

Camp End Date: July 31, 2025

End Time: 11:00:00 AM

Venue Name: Reedy HS Football Field

Venue Address: 3003 Stonebrook Prkwy, Frisco, TX 75034

Camp Cost: \$416.00

Questions: Coach Zoda zodaj@friscoisd.org

Special Notes:

Wear comfortable clothing, bring water, and both cleats and flat athletic shoes are encouraged.

Medical Info:

In consideration of acceptance of this registration, I waive all claims against the Frisco Independent School district, affiliates, employees, trustees, and agents, individually and in their capacity as such for injury or illness which may directly result from participation in this event. My claims remain waived even though liability may arise out of negligence or carelessness of persons or entities mentioned above. This registration cannot be processed unless the above agreement is accepted by a legal parent or guardian and I agree to abide by all Frisco I.S.D. Board policies and procedures. Frisco I.S.D. Board policies and procedures may be found on the FISD Board of Trustees website at the following address:

www.friscoisd.org/inside/board/index.htm